

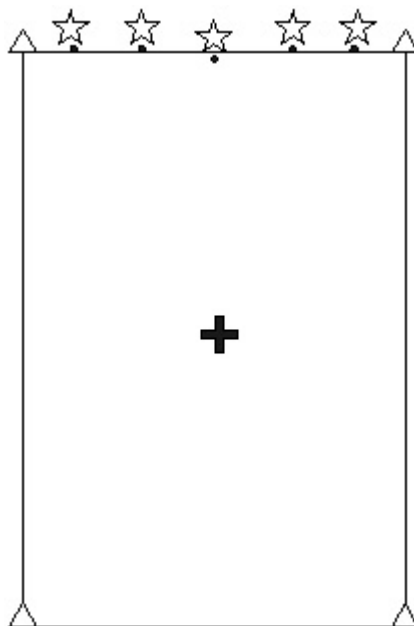
Game 4: Tackle Bullrush

Objective: To practice tackling while playing a fun game

Equipment Needed:

- 4 x cones
- 1 x hockey stick each
- 1 x ball per player (except the player in the middle)

Setup:



Description:

- Play as one large group (max 15)
- Set up as above with one player starting in the middle without a ball
- The middle player calls out someone's name and that person has to try and dribble through to the other end
- The middle player tries to tackle the person with the ball
- If the person gets to the other end safely it is 'bullrush' and all the remaining players can go at the same time to get to the other end
- If a player is tackled successfully (loses possession) then that player must join the one in the middle
- Once there are 2 players in the middle 'bullrush' is called every time until every player is tackled or robbed of the ball

Variations:

- Players must keep their stick on the ground at all times
- Bullrush is not called until 2 players have been tackled
- Call something other than 'bullrush'. Ask the players to come up with a name