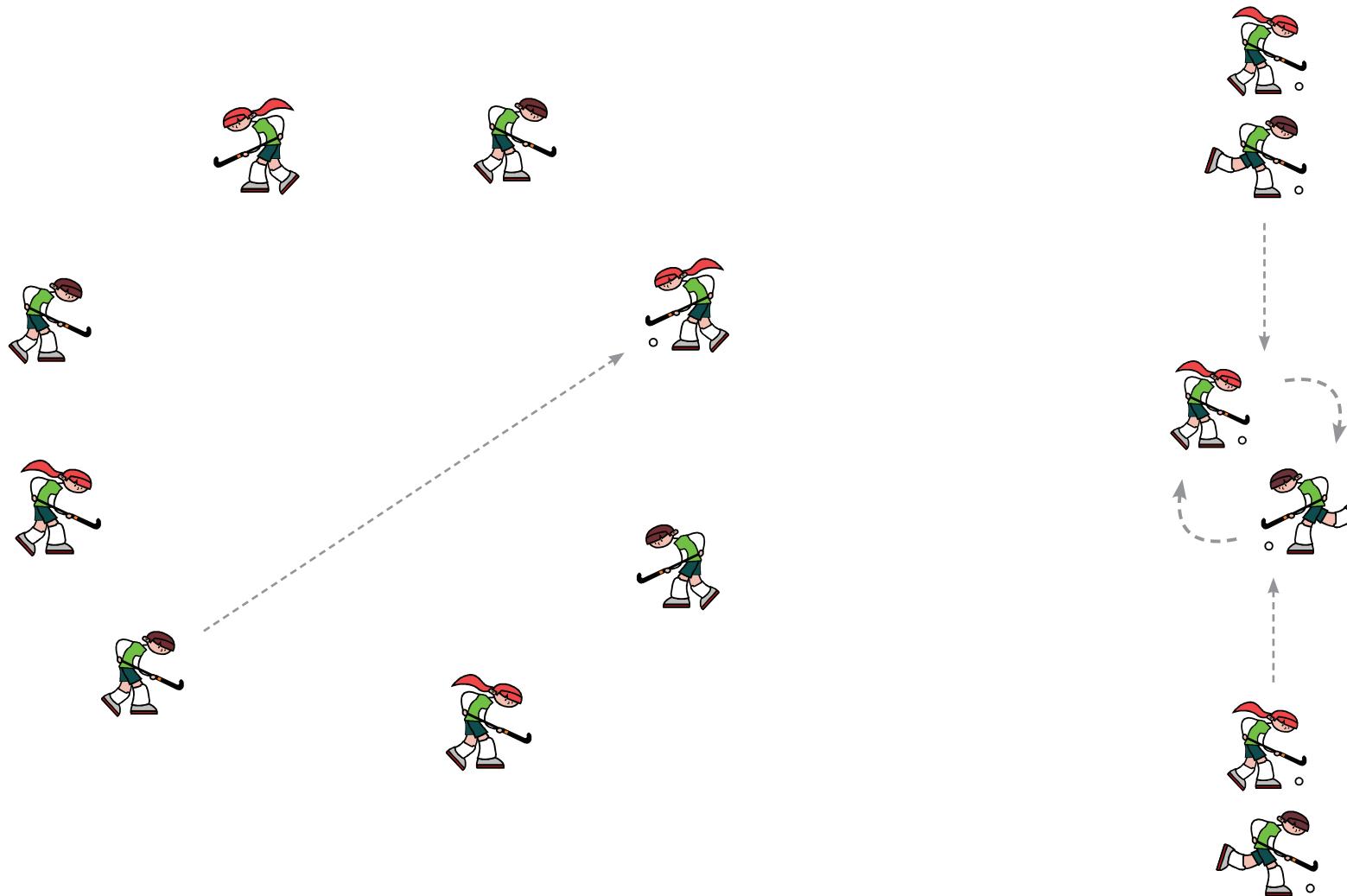


2 X PRE-GAME WARM UPS



GREAT FOR NEW TEAMS TO LEARN EACH OTHER'S NAMES. FORM A CIRCLE, GET THE PLAYERS TO CALL OUT THE NAME OF THE PERSON THEY WANT TO PASS TO, AND CONTINUE TO PASS TO EACH OTHER UNTIL IT'S TIME FOR THE GAME TO START

DIVIDE THE TEAM INTO TWO LINES, FIRST PLAYER FROM EACH LINE DRIBBLES FORWARD AND AROUND THE OTHER PLAYER, CLOCKWISE. ROUND TWO SWITCH TO ANTI CLOCKWISE.