

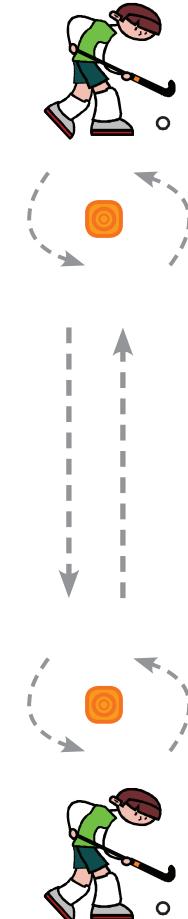
3 PASSING DRILLS



RECEIVE ON THE FOREHAND
STICK - DRAG TO YOUR REVERSE
STICK AND USE YOUR REVERSE
STICK TO PASS BACK



THE PLAYER IN THE MIDDLE
RECEIVES THE BALL FROM PLAYER
ONE, PASSES IT BACK AND THEN
SPINS AROUND TO RECEIVE THE
BALL FROM PLAYER TWO



EACH PLAYER PASSES THE BALL AND
THEN DOES A LOOP AROUND THE
CONE BEFORE THEY CAN RECEIVE
THE NEXT PASS