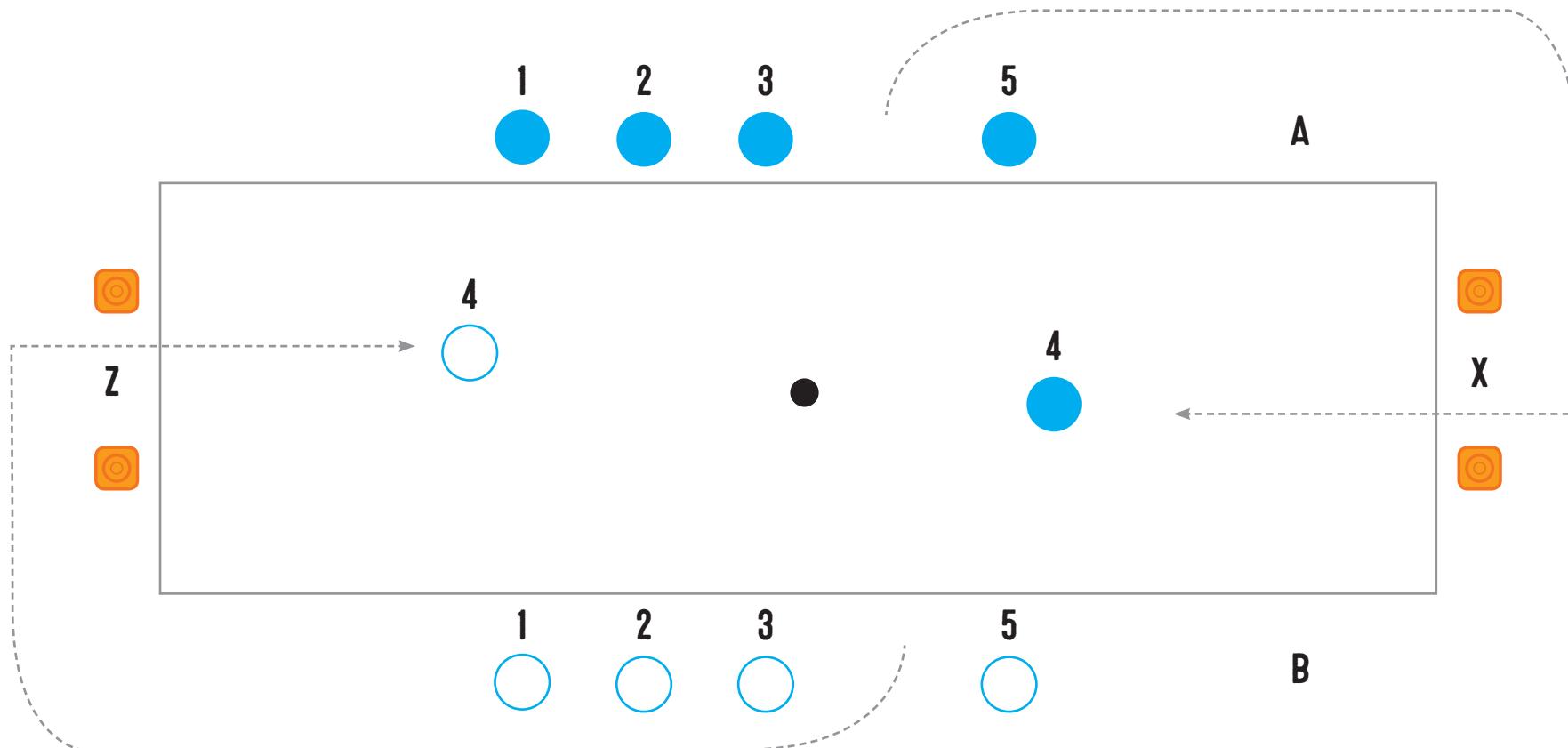


# DOG AND BONE

- COACH CALLS OUT A NUMBER CORRESPONDING TO THE PLAYERS LINED UP OUTSIDE THE RECTANGLE
- PLAYER THEN RUNS CLOCKWISE THROUGH THE CONES AT THE END AND DRIVES FORWARD TOWARDS THE BALL, IN THE MIDDLE OF THE AREA
- THE PLAYER THAT REACHES THE BALL FIRST NEEDS TO CONTROL THE BALL AND DRIBBLE OVER THE LINE (A DRIBBLE TO X, B DRIBBLE TO Z)
- THE PLAYER WITHOUT THE BALL MUST TRY TO TACKLE THE PLAYER WITH POSSESSION
- IF THE TACKLER GAINS POSSESSION, THEY THEN BECOME THE ATTACKER AND TRY TO SCORE



## VARIATIONS

- CALL 2 NUMBERS AT THE SAME TIME
- CALL 3 OR MORE NUMBERS AT THE SAME TIME (FOCUS ON TEAMWORK, ATTACK & DEFENCE)
- ALLOW PLAYERS ON THE SIDE OF THE AREA TO PASS THE BALL BACK TO THEIR OWN PLAYER - CANNOT SCORE